



We are a **Czech manufacturer of finnish saunas**, infrasaunas as well as combined saunas and salt therapy. We entered the market in 1999. Because of our own production carried out by professional equipment and machinery along with sauna technology from the world's leading suppliers we guarantee the best quality and design. We ensure high professionalism and individual approach to our customers.

Guarantee for all of our products is **24 months** at minimum, guarantee for **infrapanel**s (produced by Redwell Wellina) is **5 years** and guarantee for **infrared emitter** (produced by Elstein) is **7 years**.

Finnish sauna

Finns have know the secret of a quality regeneration of body and mind for centuries, inspire yourself and experience positive finnish sauna effects proven by a longtime tradition just like millions of its users worldwide.



For our **sauna cabins** we use **only highest quality materials** (nordic spruce, poplar, canadian cedar, hemlock, aspen, etc.), the boards for internal as well as external facing are at least 16 mm thick. Sauna's walls include heat isolation with a steam barrier, its total width is about 10 cm. **Outer walls are covered with a special lacquer** which is resistant against mildew and damp. The regular inner height of a sauna is 220 cm. **You can choose from our standard saunas or we can offer you a sauna which would meet your expextations and spatial needs.**

Our company supplies its saunas exclusively by products (sauna heaters, control units, accessories) from a well respected company Harvia.

The infrasaunas with a reference from the Czech Ministry of health and an approval from the National Institute of Health.

Infrasauna

Infrasauna provides a great sauna experience at a relatively low operating temperature (up to 60°C), this fact makes infrasauna **accessible to everyone**, even for people who can't use Finnish sauna due to various health problems. At the same time, infrasauna does not deprive you of anything – with the infrared heat you can relax, sweat out and regenerate your body. Another advantage of infrasauna are its low technical demands – **infrasauna can be installed anywhere in the interior**, only a 230V (or 400V in case of a bigger sauna) socket is needed to plug the sauna in.



High quality, safe and effective infratechnology

In our infrasaunas we use high quality **ceramic infraemitters from German company ELSTEIN**. The exceptionality of this technology is confirmed by **reference issued by the Czech Ministry of health and an approval from the National Institute of Health**, this means that our infrasaunas comply with the needs of medical and preschool facilities. These infraemitters give off infraradiation on an average wavelength of **9,4 microns**, which is optimal wavelength for human organism and thus the effectiveness of sauning along with harmonization effect for body and soul are ensured.

The guarantee for ELSTEIN emitters is 7 years. Digital control unit **INFRA RED SYSTEM** is used for controlling the infracabin. The control unit was developed to maximize the medical effect of infratechnology with an on and off regime, which regulates the temperature and ensures thermal and medical wavelength. Infrasaunas without such a regulation system are classified as thermal cabins in a lower price range (these infrasaunas use simple regulation and industrial thermal emitters). The system is composed of 3 protection degrees, which is a necessary precondition for using an infrasauna. The running costs are incomparably lower than a classic sauna costs.

NEWS – HEATED SETTLE! PERFECT FOR RELAXING LUMBAR SPINE.

Our new sauna cabins are made of high quality materials (nordic pine, poplar tree, canadian cedar, hemlock, aspen, etc.), the boards are at least 12 mm thick and from 9,6 to 18,5 cm wide for both internal and external facing of the walls, if desired, solid wood could be chosen instead. Standard outer height of an infracabin is 203 cm. The walls of infrasauna include a special partition and vent holes for an inbuilt infratechnology which ensures air circulation in the cabin. Width of sauna's walls is about 9 cm. **You can choose from our standard infrasaunas or we can offer you a sauna which would meet your expectations and spatial needs.**

There is also a possibility of a try out of an infrasauna in one of our showrooms in Prague or Ostrava.

A piece of advice to our customers:

Infraemitters should get a special attention when selecting a sauna because there are products with high level of electrosmog and a low quality surface (foil, plaster, metal pipe, etc.), which can produce harmful substance for human organism when heated.

Combined saunas

In the field of manufacturing combined saunas, considering the professionalism as the main criterion, we belong to the top producers.

Nowadays, combined saunas are becoming a hit because their employment is universal. The combined saunas are suitable for households as well as public use. At the same time it offers greater possibilities when it comes to sauning – they are a combination of classic finnish sauna and infrasauna. Combined sauna makes it possible to use both technologies at the same time or to use them separately, thanks to this uniqueness, combined sauna satisfies individual needs of every user.

Combined saunas come in two variants:

1. Dry variant

This variant includes installation of infratechnology Elstein (inside of the walls, inside of the booster seat and the settle) with a digital control unit Infra Red System and an electric heater Harvia with a control unit on heater housing or a digital control unit.

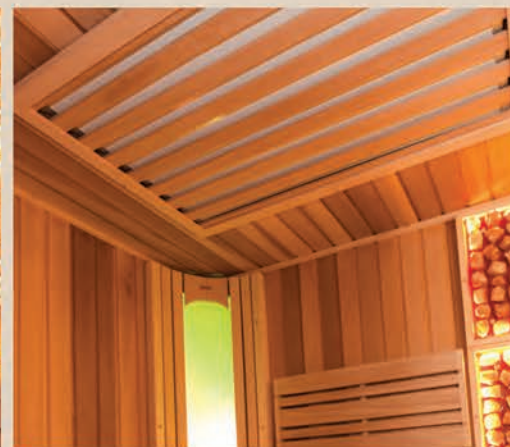
This variant is suitable for smaller saunas.

Three kinds of employment:

Infrasauna – uses infrasystem separately.

Finnish sauna – uses a sauna heater separately.

Combined sauna – uses a combination of both systems simultaneously; the ideal variant: heater is set up to 70 to 75 °C and the infrasystem is turned on at the same time, when employing both systems simultaneously, you can experience superficial as well as in depth rehabilitative warming up (thanks to the infrasystem), this leads to sweating and at the same time it prolongs the time of sauning up to 20 minutes. Organism is optimally detoxicated. This very popular variant also enables cool bath at the end of sauning.



2. Wet variant

This variant includes installation of infratechnology with special infrared panel from Austrian manufacturer Redwell – Wellina with a coverage IP 65, which is suitable for humid environment, with a digital control system Infra Red System and an electric heater Harvia with a control unit on heater housing or with a digital control unit.

This variant is ideal for larger saunas, when the so called infracorner is created.

Two kinds employment:

Finnish sauna – uses a sauna heater separately.

Combined sauna – uses a combination of both systems simultaneously, usually operating with a temperature from 50 to 80 °C.

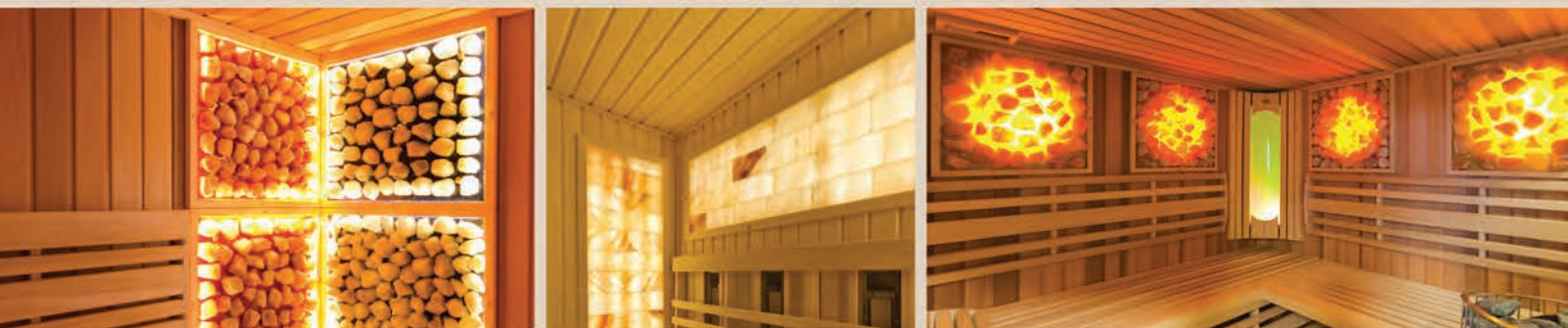
A piece of advice to our customers:

Quality of infraemitters and infrapanel should get a special attention when selecting a sauna because there are products with high level of electrosmog and a low quality surface (foil, plaster, metal pipe, etc.), which can produce harmful substance for human organism when heated.

ATTENTION – not all combined saunas on the market enable simultaneous use of both technologies. In this case the offered sauna is not a combined one.

Salt is generally recommended to be used in dry sauna, in a humid environment salt tends to melt, this is called crying, or it can create stains, which makes the interior of a sauna suffer. For the same reason salt is not suitable for outdoor saunas. It is also recommended to avoid placing salt close to a sauna heater – high temperature causes drying out and crumbling of salt.

Salt therapy in saunas



Salt therapy has recently become very popular for its wholesome effects. It works on the basis of releasing anions (negative ions) and mineral substances from the salt that have a positive influence human organism. By this process the human organism gets rid of viruses and bacterias. Salt purifies human organism, it has a healing effect and it also increases the ability of skin to excrete toxins. As a part of your sauna, salt creates an ideal environment for inhalation and relaxation. Anions are also called air vitamins and they have direct influence on your immune system. **This method is both natural healing as well as a relaxing technique**, which has experienced a great boom.

The term „salt sauna“ is used for any kind of sauna (except sauna with high humidity) where the interior facing is made of salt material (salt bricks, salt panels or chopped salt rocks), this creates a maximal concentration of anions in the sauna environment which is even intensified by the heat. The recommended amount of salt is 16 kg for 1,5 - 2 m³. When the amount of salt is increased, the concentration of anions is proportional to the increase of salt.

We install salt to saunas in two forms:

Salt panel – size of 50x50cm (14-16 kg of salt) in various design combinations (colour, backlight).

Salt bricks – the size of bricks is 20x10x2,5 or 5 cm. The bricks are used to brick the walls or as wall facing.

Backlight accentuates the design of your salt wall.

VITAL TREND s. r. o.

Poděbradská 55/88, 198 00 Praha 9–Hloubětín / CZECH REPUBLIC
tel./fax: 00420 281 863 166 / mob.: 00420 777 682 078
e-mail: praha@vital-trend.cz

www.sauny-vital.cz

Šalounova 470/38, 703 00 Ostrava–Vítkovice / CZECH REPUBLIC
tel./fax: 00420 596 121 191 / mob.: 00420 724 088 028
e-mail: ostrava@vital-trend.cz

